

North Island 3- Lift & Benchpress Championships 2011, AUT, Northcote, Auckland, 3 December 2011

1st Session

Powerlifting Results Name	Team	Div	Equipped U/E	Bwt (kg)	WtCls (kg)	lot#	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	PI Code
Rachel Clayton	AK	F-M1	E	55.66	57	7	42	110	115	-117.5	115	65	67.5	-70	67.5	182.5	127.5	132.5	140	140	322.5	381.26	1
Brian Choi	AK	M-J	E	63.5	66	12	21	145	-160	-167.5	145	97.5	102.5	107.5	107.5	252.5	185	-202.5	-202.5	185	437.5	354.86	1
Nikita Kneebone	NTH	M-J	E	71.02	74	17	19	110	120	130	130	100	115	117.5	117.5	247.5	140	160	175	175	422.5	313.16	1
Ming Ming Edgar	AK	M-J	E	71.98	74	1	21	115	125	130	130	85	100	-117.5	100	230	135	150	160	160	390	286.22	2
Ben Haughey	WKT	M-O	E	73.98	74	6	26	180	-	-	180	100	-115	-115	100	280	220	-251	-251	220	500	359.75	1
Miles Gunter	AK	M-O	U/E	72.96	74	11	25	140	150	-155	150	-115	120	-122.5	120	270	170	-190	-190	170	440	319.70	1
Rajah Singh	AK	M-O	U/E	70.64	74	5	29	130	-140	140	140	100	102.5	105	105	245	165	172.5	180	180	425	316.28	2
Tom Lee	WKT	M-SJ	E	74	74	4	18	150	165	180	180	90	-95	-95	90	270	170	190	-200	190	460	330.88	1
Stephen King	AK	M-M1	E	82.46	83	9	49	220	240	250	250	120	125	130	130	380	200	220	-222.5	220	600	402.06	1
Tony McKenna	WKT	M-M2	E	79.9	83	18	59	-180	192.5	-201	192.5	-115	115	125	125	317.5	-180	180	200	200	517.5	353.56	1
Jason Blight	WKT	M-O	E	81.88	83	14	34	200	212.5	-217.5	212.5	145	-155	-155	145	357.5	205	217.5	-220	217.5	575	386.97	1
Hugh Thomson	NTH	M-SJ	E	81.74	83	32	16	130	140	150	150	80	90	95	95	245	160	170	175	175	420	282.95	1
Suzy Derbyshire	AK	F-M1	E	80.74	84	10	41	137.5	150	162.5	162.5	90	95	102.5	102.5	265	137.5	150	-160	150	415	377.82	1
Bench Press Results Name	Team	Div		Bwt (kg)	WtCls (kg)	lot#	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	PI Code
Marian Esterbauer	WKT	F-M3	E	63.74	72	8	70					42.5	47.5	50	50						50	53.19	1
Brian Froggatt	NTH	M-M2	E	82.02	83	15	53					160	171	-175	171						171	114.22	1
Felix Esterbauer	WKT	M-M4	E	92	93	3	75					95	100	105	105						105	66.31	1
Jason Cunningham-Gerbich	AK	M-O	E	174.02	120+	13	37					250	-260	-270	250						250	135.28	1

Side Referee: Serena Perry Centre Referee: Graeme Fong Side Referee: Craig Ebborr

2nd Session

Powerlifting Results Name	Team	Div	Equipped	Bwt (kg)	WtCls (kg)	lot#	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	PI Code
Andrew Burge	AK	M-J	E	89.58	93	7	23	260	270	280	280	-145	145	-153.5	145	425	265	275	-290	275	700	447.93	1
Jing Seth	AK	M-J	E	89	93	11	20	-210	210	-	210	115	-122.5	-122.5	115	325	230	240	-247.5	240	565	362.79	2
John Rippon	CD	M-M3	E	90.68	93	6	63	165	175	180	180	135	142.5	147.5	147.5	327.5	202.5	210	212.5	212.5	540	343.44	1
Scott Parsons	WKT	M-O	E	92.9	93	12	33	245	-255	-	245	-215	217.5	-228	217.5	462.5	220	245	252.5	252.5	715	449.38	1
Troy Marshall	AK	M-O	E	91.42	93	1	38	210	230	-250	230	-152.5	157.5	-160	157.5	387.5	220	230	-240	230	617.5	391.12	2
Rikki Sherrock	AK	M-O	E	90.5	93	8	26	200	210	215	215	140	147.5	-152.5	147.5	362.5	-210	220	230	230	592.5	377.19	3
Sateki Langi	AK	M-J	E	102.42	105	10	22	270	-305	305	305	-170	170	180	180	485	260	290	-300	290	775	467.32	1
Goody Metuanooraroa	NTH	M-M1	E	93.9	105	16	42	190	192.5	195	195	-140	140	150	150	345	190	-195	-195	190	535	334.59	1
Gordon Fletcher	AK	M-M4	E	104.6	105	9	72	165	180	190	190	57.5	62.5	-65	62.5	252.5	200	215	-226	215	467.5	279.75	1
Doug Mienie	WKT	M-M4	E	96.06	105	14	71	145	-155	155	155	115	-125	-125	115	270	165	-175	-	165	435	269.27	2
Dave Dunford	WKT	M-O	E	101.6	105	28	44	290	310	-320	310	-210	215	-222.5	215	525	280	-290	-290	280	805	486.86	1
Darren Neves	AK	M-O	E	101.96	105	2	30	255	-270	-270	255	180	190	-197.5	190	445	200	225	250	250	695	419.78	2
Joe Tafua	AK	M-M2	E	99.86	120	5	52	240	270	-280	270	130	140	145	145	415	240	270	-272.5	270	685	417.10	1
Jono Radich	AK	M-O	E	111.5	120	4	24	300	312.5	317.5	317.5	210	-215	-215	210	527.5	290	307.5	312.5	312.5	840	492.32	1
Warren Russell	WKT	M-O	U/E	112.92	120	3	39	170	185	195	195	-125	130	142.5	142.5	337.5	165	180	195	195	532.5	310.98	1
Neil Lauaki	AK	M-M2	E	136.32	120+	15	50	300	350	-380	350	220	-250	-250	220	570	-280	-280	-280	-	0	0.00	0

Side Referee: Julian Perry Centre Referee: Paul Sellors Side Referee: Brian Froggatt

Best Overall Male 3- Lift Placings

1st Male Lifter:	Jono Radich	492.32
2nd Male Lifter:	Dave Dunford	486.86
3rd Male Lifter:	Sateki Langi	467.32

Best Overall Female 3- Lift Placings

1st Female Lifter:	Rachel Clayton	381.26
2nd Female Lifter:	Suzy Derbyshire	377.82
3rd Female Lifter:	-	-

Best Overall Benchpress Lifters

1st Male Lifter:	Jason Cunningham-Gerbich	135.28
1st Female Lifter:	Marian Esterbauer	53.19