

13/06/2011

Central Districts Powerlifting Association Novice 3 Lift

Powerlifting Results Name	Raw	Div	Bwt (kg)	WtCls (kg)	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Pl-Div- WtCls-Evt
Annette Barmolini	Raw	Novice F M1	75.1	84	68	75	83	83	50	55	-58	55	138	88	95	105	105	243	230.327	1-F3LM1-84-PL
Alisa Bay	Raw	F M1	84.7	84+	95	103	108	108	60	-65	65	65	173	110	125	138	138	310	275.311	1-F3LM1-84+-PL
Verena Tilson-Scoble	Raw	Novice Open	62.8	63	40	45	-50	45	38	40	-45	40	85	80	90	93	92.5	178	191.079	1-F3LO-63-PL
Ali Richardson	Raw	Novice Open	65.2	72	60	70	83	83	40	48	-53	48	130	100	110	125	125	255	266.909	1-F3LO-72-PL
Keryn Shepard	Raw	Novice Open	91.4	84+	88	95	105	105	48	-55	55	55	160	105	113	-120	113	273	233.996	1-F3LO-84+-PL
Samantha Cornish	Raw	Novice F Jnr	63.4	72	-80	80	-85	80	28	33	-40	33	113	88	100	105	105	218	232.464	1-F3LJ-72-PL
Brendan Murray	Raw	M M2	91.6	93	-115	115	123	123	78	83	-88	83	205	155	-165	-165	155	360	227.808	1-M3LM2-93-PL
Brett Guthrie		M M2	93.7	105	180	200	220	220	100	110	-120	110	330	180	210	240	240	570	356.820	1-M3LM2-105-PL
Andrew Curry		M M2	98	105	170	180	-190	180	130	140	-150	140	320	140	150	170	170	490	300.664	2-M3LM2-105-PL
Nick Toulis		M M1	92	93	-220	220	230	230	120	130	-135	130	360	220	235	-245	235	595	375.743	1-M3LM1-93-PL
Max McCready	Raw	Novice M1	89.8	93	-130	-130	-140	0	100	108	-112.5	108	0	135	145	155	155	0	0.000	
Bill Quinn	Raw	M M1	103	105	-210	210	-220	210	110	-115	-115	110	320	220	230	240	240	560	337.568	1-M3LM1-105-PL
Tony Oliver		M M1	98.6	105	180	190	200	200	90	105	110	110	310	180	205	-220	205	515	315.232	2-M3LM1-105-PL
Mark Watkins	Raw	Novice M1	114	120	180	190	-200	190	150	-160	-160	150	340	200	210	225	225	565	328.830	1-M3LM1-120-PL
Matt Jarvis	Raw	Open	82.3	83	140	160	170	170	100	110	-115	110	280	190	205	213	213	493	330.418	1-M3LO-83-PL
Jacob Parry	Raw	Open	98.1	105	-165	173	185	185	108	115	120	120	305	193	205	220	220	525	322.035	1-M3LO-105-PL
Timothy Hintz		Open	115	120	-225	230	265	265	120	140	150	150	415	200	230	-250	230	645	375.197	1-M3LO-120-PL
Paul Vitaliano	Raw	Novice Open	118	120	145	155	-165	155	110	118	125	125	280	180	190	200	200	480	277.248	2-M3LO-120-PL
Warren Turvey		Novice Open	124	120+	-160	-190	190	190	170	190	200	200	390	240	280	-320	280	670	382.235	1-M3LO-120+-PL
Will Duffy	Raw	Novice Jnr	113	120	220	240	-260	240	-125	125	140	140	380	200	-220	230	230	610	356.240	1-M3LJ-120-PL
Sarkes Warda	Raw	Novice S Jnr	74	74	118	123	-133	123	80	85	-90	85	208	125	133	143	143	350	251.755	1-M3LSJ-74-PL
Daniel Dajevic	Raw	Sub Jnr	77.6	83	113	-120	-120	113	80	85	-90	85	198	150	-158	158	158	355	247.187	1-M3LSJ-83-PL
Joel Hintz	Raw	Novice S Jnr	95.5	105	140	160	180	180	80	100	-115	100	280	140	180	-200	180	460	285.476	1-M3LSJ-105-PL

Referee's: Craig McMillan

Best Lifter Male: Warrin Turvey 382.23

Best Lifter Female: Ailsa Bay 275.31

Best Master Female: Ailsa Bay 275.31

Maria Brightwater-Wharf

Nick Toulis 375.74

Ali Richardson 266.90

Best Master Male: Nick Toulis 375.74

Warren Trent

Brett Guthrie 356.82

Keryn Shepard 233.99

Best Junior Female: Samantha Cornish 232.46

Phil Townley Jnr

Best Sub Junior Male: Joel Hintz 285.46

Best Junior Male: Will Duffy 356.24

Code 1-OP-M-105-PL: 1st -Open-Male-105kg-Powerlifting

13/06/2011

CDPA Bench Press Championships

Bench Press Results Name	Raw	Div	Bwt (kg)	WtCls (kg)	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) Best BP	(2) Wilks Pts	PI-Div- WtCls-Evt
Ron Prestage		M M4	74	74					110	120	120	110						110	79.123	1-MBPM4-74-BP
Bernard Sander		M M4	81.9	83					112.5	115	120	115						115	77.384	1-MBPM4-83-BP
Phil Townley Snr		M M3	102	105					85	90	95	95						95	57.304	1-MBPM3-105-BP
John Rivers		M M2	83.2	93					118	123	125	125						125	83.325	1-MBPM2-93-BP
Trevor Walker		M M1	127	120+					195	200	200	0						0	0.000	
Pere Rodgers		Open	69	74					150	160	160	150						150	113.670	1-MBPO-74-BP
Gary Singh		Guest	89.9	93					150	155	160	160						160	102.208	1-MBPO-93-BP
Brendan Blanchard		Open	103	105					160	170	180	170						170	102.187	1-MBPO-105-BP
Bayasgalan Chuluudai		Open	120	120					245	245	250	250						250	143.875	1-MBPO-120-BP
Phil Townley Jnr		Open	130	120+					220	220		0						0	0.000	
Leigh Matheson	Raw	F-Open	77.5	84					60	65	67.5	67.5						67.5	62.897	1-F-BP-84-BP

Referee's: Craig McMillan

Best Lifter Male: Bayasgalan Chuluudai 143.87

Best Lifter Female: Leigh Matheson 62.89

Best Master Male: John Rivers 83.32

Maria Brightwater-Wharf

Pere Rodgers 113.67

Best Master III Male: Phil Townley Snr 57.30

Warren Trent

Brendan Blanchard 102.187

Best Master IV Male: Ron Prestage 79.12

Code 1-MBPOM-120-BP: 1st –Male Bench Press Open Men-120kg-Bench Press