

POWERHOUSE OPEN / BLEDISBRO NOVICE COMPETITION

Entry Form

20th November 2010

Powerhouse Gym

272 Taranaki St, Wellington. Ph: 04 384 2774

Hosted by the Central Districts Powerlifting Association

Lifters...

Full Name:.....

Address:.....

Ph:.....**E-Mail:**.....

D.O.B......**Sex: M/F (Circle)**

Division Nominated:.....**KG Class:**.....

Category: Junior, Open, Master 40-49, Master 50+(Circle)

Which Province will you be representing?.....

Personal Best Lifts:.....

You would prefer to be contacted by: Email or Post ? (Circle)

Entry Fee: \$55 Includes Competition T-Shirt and BBQ

Closing Date: 6th November 2010. Late Entry's No T-Shirt with late entries

Number attending the BBQ including yourself []

T-Shirt Size []

Extra T-Shirt **\$30** T-Shirt Size []

Extra BBQ **\$15** []

All Cheques are to be made out to: **Central Districts Powerlifting Association (CDPA)**

Or Internet Banking: **Bank of New Zealand:** Central Districts Powerlifting Association

Acc: 020536 0088688 00

Send all entries to:

The Secretary,

Central Districts Powerlifting Association

P.O. Box 9877

Marion Square

WELLINGTON 6141

Contact Warren Trent warren@powerhousegym.co.nz