

AUCKLAND POWERLIFTING CHAMPS 2010

| SESSION 1/ GROUP I | | | | | | | | | | | | | | | | | | | | | |
|--------------------|-----|-----|-------|-------|--------------------|----------|-------|-------|-------|--------|-------|-------|-------|--------|----------|-------|-------|--------|--------|--------|--------|
| Class 52-75kg | | | | | | | | | | | | | | | | | | | | | |
| PLACE | M/F | LOT | CLASS | B/W | NAME | NATION | SQUAT | | | BENCH | | | SUB | | DEADLIFT | | | DEAD/L | TOTAL | POINTS | |
| | | | | | | | 1 | 2 | 3 | RESULT | 1 | 2 | 3 | RESULT | TOTAL | 1 | 2 | 3 | RESULT | RESULT | |
| 2. | M | 1 | 67.5J | 67.50 | Java, Roshika | Nation 1 | 35.0 | 37.5 | 50.0 | 50.0 | 25.0 | 30.0 | 32.5 | 30.0 | 80.0 | 50.0 | 75.0 | 90.0 | 75.0 | 155.0 | 119.51 |
| 1. | W | 4 | 60 | 60.00 | Green, Tania | Guest | 105.0 | 112.5 | 120.0 | 120.0 | 75.0 | 80.0 | 90.0 | 80.0 | 200.0 | 100.0 | 112.5 | 115.0 | 115.0 | 315.0 | 351.19 |
| 1. | W | 6 | 52J | 52.00 | Camp, Erin | Uni | 40.0 | 45.0 | 52.5 | 52.5 | 30.0 | 35.0 | 40.0 | 35.0 | 87.5 | 50.0 | 70.0 | 80.0 | 80.0 | 167.5 | 208.81 |
| 1. | M | 7 | 67.5J | 67.50 | Strachan, John | GS | 200.0 | 220.0 | | 220.0 | 135.0 | 145.0 | 150.0 | 150.0 | 370.0 | 210.0 | 220.0 | 230.0 | 230.0 | 600.0 | 612.36 |
| 1. | M | 5 | 82.5J | 82.50 | Burge, Michael | Nation 5 | 180.0 | 200.0 | 220.0 | 220.0 | 130.0 | 140.0 | 140.0 | 140.0 | 360.0 | 150.0 | 152.5 | 202.5 | 202.5 | 562.5 | 376.82 |
| 1. | W | 9 | 52 | 52.00 | Modderman, Kristel | Uni | 75.0 | 80.0 | 80.0 | 80.0 | 55.0 | 60.0 | 60.0 | 55.0 | 135.0 | 115.0 | 125.0 | | 125.0 | 260.0 | 324.12 |
| 1. | M | 11 | 75III | 75.00 | Rae, Garry | Guest | 140.0 | 160.0 | 170.0 | 170.0 | 100.0 | 110.0 | 115.0 | 110.0 | 280.0 | 140.0 | 160.0 | 170.0 | 170.0 | 455.0 | 320.67 |
| 1. | W | 13 | 56I | 56.00 | Griffiths, Sarah | GS | 75.0 | 85.0 | 92.5 | 92.5 | 50.0 | 55.0 | 55.0 | 55.0 | 147.5 | 90.0 | 100.0 | 110.0 | 110.0 | 257.0 | 302.97 |
| - | W | 14 | 52J | 52.00 | Kim, Angie | Uni | | | | | | Disq | | | | | | | | | |
| 1. | M | 20a | O | 75.00 | Artur Lyalyushko | Uni | 80.0 | 90.0 | 105.0 | 90.0 | 60.0 | 70.0 | 75.0 | 60.0 | 150.0 | 102.0 | 135.0 | 145.0 | 145.0 | 295.0 | 210.22 |
| - | M | 20 | 75J | 75.00 | Desai Aakash | Uni | | | | | | Disq | | | | | | | | | |
| 2. | M | 20b | 75III | 75.00 | Steiner, Mike | Gillies | 70.0 | 72.5 | 77.5 | 77.5 | 70.0 | 75.0 | 80.0 | 80.0 | 157.5 | 110.0 | 120.0 | 130.0 | 130.0 | 287.5 | 204.87 |

| GROUP II | | | | | | | | | | | | | | | | | | | | | |
|---------------|---|-----|----------|-------|-------------------|-----------|-------|-------|-------|--------|-------|-------|-------|--------|-------|-------|-------|-------|--------|--------|--------|
| Class 75-90kg | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | 1 | 2 | 3 | RESULT | 1 | 2 | 3 | RESULT | TOTAL | 1 | 2 | 3 | RESULT | RESULT | |
| 1. | M | 2 | 82.5 | 82.50 | Henry, Heath | Nation 9 | 172.5 | 180.0 | 187.5 | 180.0 | 130.0 | 135.0 | 140.0 | 135.0 | 315.0 | 150.0 | 165.0 | 175.0 | 175.0 | 490.0 | 328.25 |
| 1. | W | 3 | 82.5I | 82.50 | Derbyshire, Suzy | Club Phys | 130.0 | 140.0 | 147.5 | 147.5 | 85.0 | 90.0 | 95.0 | 95.0 | 252.5 | 130.0 | 145.0 | 152.5 | 152.0 | 395.0 | 355.50 |
| 1. | M | 8 | 82.5IIII | 82.50 | Farrant, Bill | Gillies | 50.0 | 55.0 | 60.0 | 60.0 | 45.0 | 45.0 | 50.0 | 50.0 | 110.0 | 95.0 | 100.0 | 105.0 | 105.0 | 215.0 | 144.03 |
| 1. | M | 10 | 90 | 90.00 | Xiang, Fang | Uni | 130.0 | 140.0 | 155.0 | 140.0 | 135.0 | 135.0 | 145.0 | 145.0 | 285.0 | 170.0 | 190.0 | 205.0 | 205.0 | 490.0 | 312.82 |
| 1. | M | 12 | 75J | 75.00 | Woof, Sam | Uni | 100.0 | 115.0 | 115.0 | 115.0 | 65.0 | 67.5 | 70.0 | 70.0 | 185.0 | 130.0 | 140.0 | 145.0 | 140.0 | 325.0 | 231.60 |
| 1. | M | 15 | 90I | 90.00 | King, Stephen | Club Phys | 222.5 | 240.0 | 250.0 | 250.0 | 125.0 | 130.0 | 135.0 | 135.0 | 385.0 | 200.0 | 220.0 | 235.0 | 235.0 | 620.0 | 395.81 |
| 1. | M | 16 | 75SJ | 75.00 | Cornish, Nicholas | Guest | 165.0 | 170.0 | 170.0 | 170.0 | 100.0 | 102.5 | 105.0 | 102.5 | 272.5 | 195.0 | 200.0 | 200.0 | 195.0 | 467.5 | 333.14 |
| 2. | W | 18 | 75SJ | 75.00 | O'Donnell, Amy | Club Phys | 60.0 | 70.0 | 85.0 | 85.0 | 35.0 | 42.5 | 47.5 | 42.5 | 127.5 | 70.0 | 80.0 | 92.5 | 92.5 | 220.0 | 209.13 |
| 2. | M | 19 | 82.5 | 82.50 | Fonseca, Andre | GS | 120.0 | 130.0 | 140.0 | 140.0 | 82.5 | 87.5 | 92.5 | 92.5 | 232.5 | 150.0 | 150.0 | 167.5 | 150.0 | 382.5 | 256.24 |
| 1. | M | 17 | 75I | 75.00 | Wright, Glen | | 170.0 | 177.5 | 180.0 | 180.0 | 115.0 | 122.5 | | 115.0 | 295.0 | 170.0 | 180.0 | 195.0 | 195.0 | 490.0 | 349.17 |
| 1. | M | 20c | 90J | 90.00 | Burge, Andrew | | 250.0 | 265.0 | 275.0 | 275.0 | 137.5 | 142.5 | 145.0 | 145.0 | 420.0 | 240.0 | 255.0 | 265.0 | 265.0 | 685.0 | 437.30 |

Side Referee: Mike Reid

Centre: Craig Ebborn

Side Referee: Bruce Potter