

2009 Les Mills NZFBB Wellington Bodybuilding Champs



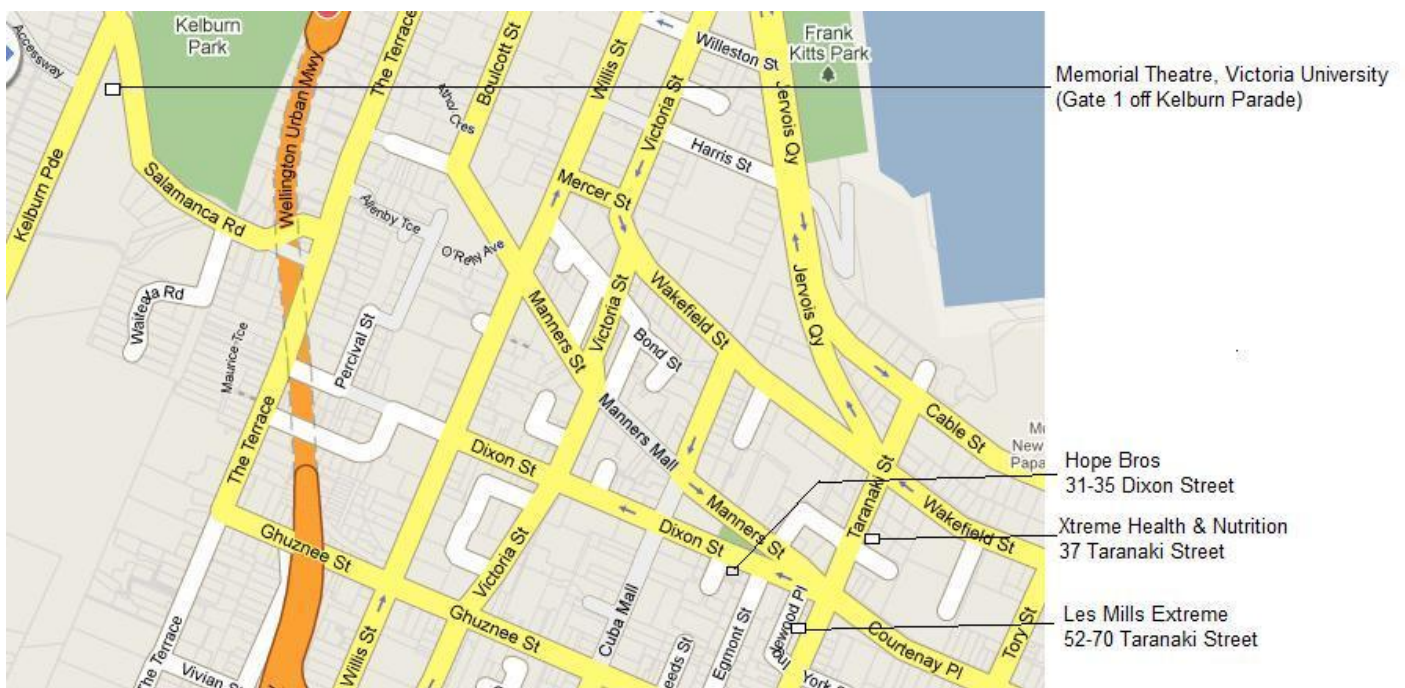
lesmills.co.nz

Saturday, September 19, 2009
Memorial Theatre, Victoria University,
Kelburn Parade, Wellington



The 2009 Les Mills NZFBB Wellington Bodybuilding Champs will be held at Victoria University's Memorial Theatre, on Kelburn Parade. Tickets for the show will be available from Xtreme Health & Nutrition Wellington (37 Taranaki Street, Te Aro, Wellington ph (04)381 3761) from mid August.

The night show will feature a performance from IFBB Professional bodybuilder and 2007 NZFBB Mr NZ Overall Men's champion – Mike Debenham. Mike will have just returned from making his IFBB professional debut in the USA at the Europa Super Show in Texas and the Houston Pro event.



Important Details

Registration (\$25): Two options, either:

- 1) Friday, September 18 - 6:00pm to 8:00pm
Venue: Xtreme Health & Nutrition, 37 Taranaki Street (see map for location),
or
- 2) Saturday, September 19 – 9.00am to 9:45am
Memorial Theatre, Victoria University (see map for location)

Special Note:

- All weight class competitors are required to be weighed in at the registration.
- All competitors must hand in their music on a CD at the registration, with their name marked on the disc (number & class not required) & which track (if more than one) is to be played.
- All competitors will have their costumes checked, so please attend the Registration wearing your costume.
- Figure and Classic Men competitors are required to have their height checked.
- Athletes competing in Restricted Age divisions (i.e. Teenage, Junior, Masters, Senior) must present proof of ID e.g. Drivers Licence, Birth Certificate, Passport.

Contestant Briefing:

Saturday, September 19 – **10am**
Memorial Theatre, Victoria University

Pre-judging:

Saturday, September 19 – **11am** start

Finals:

Saturday, September 19 – **5pm** start

Tickets:

[Available mid-August from: Xtreme Health & Nutrition, 37 Taranaki Street, Wellington ph (04)381 3761]

Pre-judging:	\$20 (or \$10 for Children under 12 years of age)
Finals:	\$30 (or \$15 for Children under 12 years of age)
Pre-judging & Finals:	\$40 (or \$20 for Children under 12 years of age)
VIP (Final only)	\$50 or \$45 each for purchases of 5 or more tickets.

VIP ticket: Finals session only. This entitles the holder to a seat in the front 6 or 7 rows and entry to the VIP/Sponsor's area for supper during the interval. Complimentary drinks and food will be available at the supper.

N.B. Due to the expected large number of competitors, it is highly likely that tickets (especially for the Finals session) will sell out prior to the event. If available, remaining tickets can be bought at the venue on day of the event, but we recommend tickets are purchased early to avoid missing out.

Team/Best Posing Awards:

There will be an official Team award at this event with a trophy for the top team. Please submit your list of team members to the Head Judge at the competitor briefing.

Best Posing Routine awards (Male and Female) will also be presented at this event, just prior to the announcement of the Overall champions.

Accommodation:

The NZFBB Judges are staying at the Wallace Court Motel, 88 Wallace Street, Mt. Cook, Wellington. Tel: 0800 4 WALLACE or 04 385 3935. Please note that accommodation in Wellington will be more difficult to find that weekend due to the All Blacks vs Australia Tri-Nations rugby test match at the Westpac Stadium on Saturday night.

Function Venue:

Our official post-event function venue is Hope Bros, 31-35 Dixon Street. This is a relaxed and fun establishment open until the early hours of Sunday morning, with an excellent food service available until 11pm. Join the officials, competitors and spectators to celebrate at Hope Bros after the Finals session finishes on Saturday night!

For further information about the 2009 Les Mills NZFBB Wellington Bodybuilding champs, please contact the event organiser - Terry Hills, on (0274)303654 or terry.hills@xtra.co.nz.