

## Powerhouse Open - Bledisbro - December 2008

M/W	Nbr	Class	BW	Name	Gym	SQUAT			SQ	BENCH PRESS			BP	Sub. Tot.	DEADLIFT			DL	Tot. Result	Points	Place	SQ	BP	DL
						1.	2.	3.	Result	1.	2.	3.	Result		1.	2.	3.	Result				4.	4.	4.
<b>Afternoon Session Group 1</b>																								
M	1	Jr 90	83.60	<b>Tavita Lapine (BB)</b>	CD	190.0	<del>210.0</del>	215.0	215.0	130.0	145.0	150.0	150.0	365.0	230.0	240.0	250.0	250.0	615.0	408.79	1.			
M	1	M2 90	88.10	<b>John Rivers (BB)</b>	Life Styles	170.0	180.0	<del>190.0</del>	180.0	<del>110.0</del>	110.0	<del>115.0</del>	110.0	290.0	175.0	190.0	<del>200.0</del>	190.0	480.0	309.84	1.			
M	1	OM 100	93.40	<b>Damon Tafatu</b>	Life Styles	180.0	<del>200.0</del>	200.0	200.0	<del>160.0</del>	160.0	<del>170.0</del>	160.0	360.0	200.0	230.0	<del>260.0</del>	230.0	590.0	369.87	1.		1.0	
M	1	OM 90	87.50	<b>Will McGimpsey (BB)</b>	Powerhouse	190.0	205.0	<del>215.0</del>	205.0	<del>140.0</del>	140.0	<del>150.0</del>	140.0	345.0	240.0	250.0	<del>260.0</del>	250.0	595.0	385.50	2.			
M	1	Jr 90	85.50	<b>Chris Tilley</b>	Nelson	<del>150.0</del>	150.0	165.0	165.0	95.0	102.5	107.0	105.0	270.0	180.0	200.0	<del>202.5</del>	200.0	470.0	308.41	2.			
M	1	Jr 100	90.60	<b>David Harrison (BB)</b>	Powerhouse	150.0	160.0	<del>170.0</del>	160.0	87.5	95.0	<del>100.0</del>	95.0	255.0	180.0	202.5	210.0	210.0	465.0	295.88	1.			
M		OM 90	85.90	<b>Matt Jonson (BB)</b>	Hastings	190.0	200.0	210.0	210.0	<del>155.0</del>	155.0	<del>165.0</del>	155.0	365.0	180.0	200.0	245.0	245.0	610.0	399.25	1.			
M		Jr 90	83.00	<b>Andrew Mulholland</b>		130.0	140.0	145.0	145.0	105.0	110.0	<del>112.5</del>	110.0	255.0	150.0	160.0	170.0	170.0	425.0	283.69	3.			
M		M2 100	92.50	<b>Brett Guthrie</b>	Palместon	160.0	180.0	200.0	200.0	80.0	100.0	<del>105.0</del>	100.0	300.0	180.0	200.0	220.0	220.0	520.0	327.50	1.			
<b>Afternoon Session Group 2</b>																								
M		OM 125	124.90	<b>Timothy Gough</b>	Auckland	150.0	165.0	180.0	180.0	130.0	<del>140.0</del>	140.0	140.0	320.0	210.0	225.0	240.0	240.0	560.0	319.14	1.			
M		M1 125	123.70	<b>Rona Simanu (BB)</b>	Auckland	310.0	<del>335.0</del>	<del>335.0</del>	310.0	160.0	175.0	<del>190.0</del>	175.0	485.0	280.0	300.0	<del>315.0</del>	300.0	785.0	448.31	1.			
M		OM 125	121.90	<b>Costa Alexopoulos (BB)</b>	Powerhouse	160.0	<del>180.0</del>	180.0	180.0	100.0	115.0	<del>125.0</del>	115.0	295.0	170.0	190.0	210.0	210.0	505.0	289.31	2.			
M		M1 100	95.30	<b>Tony Oliver</b>	Wai Weight	170.0	200.0	<del>210.0</del>	200.0	60.0	<del>62.5</del>	<del>62.5</del>	60.0	260.0	170.0	200.0	215.0	215.0	475.0	295.02	3.			
M		OM 125+	128.10	<b>Carl Hoskin (BB)</b>	Hastings	160.0	180.0	200.0	200.0	<del>165.0</del>	165.0	<del>170.0</del>	165.0	365.0	220.0	240.0	260.0	260.0	625.0	354.44	1.			
M		OM 125	114.50	<b>Danny Nemani (BB)</b>	Auckland	250.0	262.5	<del>270.0</del>	262.5	140.0	150.0	155.0	155.0	417.5	270.0	282.5	<del>300.0</del>	282.5	700.0	407.19	1.			
M		M1 100	98.50	<b>Steve Luck (BB)</b>	Powerhouse	190.0	200.0	<del>210.0</del>	200.0	130.0	135.0	140.0	140.0	340.0	200.0	210.0	220.0	220.0	560.0	342.89	1.			
M		M1 100	93.10	<b>Nick Toulis (BB)</b>	Powerhouse	165.0	185.0	<del>195.0</del>	185.0	85.0	95.0	<del>105.0</del>	95.0	280.0	185.0	200.0	<del>220.0</del>	200.0	480.0	301.39	2.			
M		OM 125+	135.00	<b>Kiel Tui</b>	Auckland	140.0	<del>160.0</del>	160.0	160.0	130.0	137.5	145.0	145.0	305.0	180.0	200.0	<del>227.5</del>	200.0	505.0	283.81	2.			
M		M1 110	101.20	<b>Bill Quin</b>	City Fitness	140.0	<del>180.0</del>	180.0	180.0	100.0	120.0	<del>130.0</del>	120.0	300.0	220.0	230.0	240.0	240.0	540.0	327.08	1.			

Records:

Side Referee Maria Brightwater-Wharf

Chief Referee Clive Madge

Side Referee Craig McMillan

Clive Madge

Maria Brightwater-Wharf

Maria Brightwater-Wharf

Craig McMillan

Craig McMillan

Clive Madge