

# Central Districts Novice 3 Lift & Bench Press 16/02/2013

| Lifters Name             | Classic Raw Equipped | Div  | Bwt (kg) | WtCls (kg) | SQ-1 | SQ-2 | SQ-3  | BP-1  | BP-2  | BP-3  | Best BP | Sub Total | DL-1 | DL-2 | DL-3  | PL Total | Wilks Pts | PI-Div- WtCls-Evt |
|--------------------------|----------------------|------|----------|------------|------|------|-------|-------|-------|-------|---------|-----------|------|------|-------|----------|-----------|-------------------|
| Tania Rivers             | Equipped             | F-O  | 76.8     | 84         | 80   | 85   | 90    | 60    | 65    | 65    | 60      | 150       | 100  | 110  | 115   | 265      | 248.279   | 1-F-O-84-PL       |
| Angelica Prisk           | Classic              | F-SJ | 84.1     | 84+        | 40   | 50   | 55    | 30    | 35    | 37.5  | 37.5    | 87.5      | 50   | 65   | 70    | 157.5    | 140.364   | 1-F-SJ-84+-PL     |
| William Quinn            | Classic              | M-M2 | 95       | 105        | 180  | 190  | 210   | 90    | 100   | 105   | 105     | 295       | 220  | 230  | 235   | 515      | 320.330   | 1-M-M2-105-PL     |
| Mike Draper              | Classic              | M-M1 | 96.8     | 105        | 180  | 200  | 220   | 140   | 160   | 170   | 160     | 380       | 180  | 210  | 230   | 610      | 376.309   | 1-M-M1-105-PL     |
| Danny Wilton             | Classic              | M-M1 | 126.1    | 120+       | 100  | 110  |       | 100   |       |       | 100     | 210       | 100  |      |       | 310      | 176.328   | 1-M-M1-120+-PL    |
| Nick Whiteford           | Classic              | M-O  | 77.5     | 83         | 140  | 160  | 172.5 | 110   | 125   | 132.5 | 125     | 285       | 180  | 200  | 220   | 505      | 351.935   | 1-M-O-83-PL       |
| Sarkes Warda             | Classic              | M-O  | 79.2     | 83         | 150  | 160  | 175   | 100   | 110   | 115   | 110     | 270       | 180  | 180  | 200   | 450      | 309.195   | 2-M-O-83-PL       |
| Simon Crossan            | Classic              | M-O  | 76       | 83         | 100  | 110  | 120   | 85    | 90    | 95    | 90      | 210       | 145  | 155  | 167.5 | 377.5    | 266.553   | 3-M-O-83-PL       |
| Jared Beckett            | RAW                  | M-O  | 89.9     | 93         | 160  | 180  | 190   | 125   | 130   | 135   | 130     | 320       | 205  | 215  | 227.5 | 547.5    | 349.743   | 1-M-O-93-PL       |
| David Gafford            | Classic              | M-O  | 85.6     | 93         | 140  | 145  | 150   | 97.5  | 97.5  | 97.5  | 97.5    | 237.5     | 170  | 200  | 205   | 442.5    | 290.147   | 2-M-O-93-PL       |
| Scott Walsh              | Classic              | M-O  | 84.8     | 93         | 160  | 170  | 175   | 100   | 107.5 | 107.5 | 100     | 270       | 150  | 160  | 165   | 435      | 286.752   | 3-M-O-93-PL       |
| Clive Madge              | Classic              | M-O  | 101      | 105        | 185  | 205  | 210   | 130   | 130   | 140   | 140     | 350       | 235  | 250  | 262.5 | 612.5    | 371.297   | 1-M-O-105-PL      |
| Fergus Hewson            | Classic              | M-O  | 104.2    | 105        | 180  | 180  | 190   | 85    | 85    | 95    | 95      | 275       | 210  | 225  | 240   | 515      | 308.588   | 2-M-O-105-PL      |
| Pou Sefesi               | Classic              | M-O  | 112.3    | 120        | 80   | 80   | 140   | 100   | 110   | 110   | 100     | 180       | 140  | 180  | 200   | 360      | 210.564   | 1-M-O-120-PL      |
| Trevor Walker            | Equipped             | M-O  | 132.5    | 120+       | 300  | 300  | 300   | 100   |       |       | 100     | 0         | 100  | 100  |       | 0        | 0.000     |                   |
| Derek Nguyen             | Classic              | M-J  | 71.8     | 74         | 135  | 160  | 160   | 112.5 | 120   | 130   | 120     | 255       | 145  | 155  | 170   | 425      | 312.460   | 1-M-J-74-PL       |
| Nick Bakker              | Classic              | M-J  | 83.5     | 93         | 160  | 170  | 180   | 120   | 125   | 127.5 | 125     | 295       | 200  | 220  | 230   | 515      | 342.526   | 1-M-J-93-PL       |
| Hamish Tahana            | Classic              | M-J  | 84.4     | 93         | 100  | 120  | 140   | 100   | 120   | 130   | 130     | 270       | 210  | 220  | 250   | 490      | 323.890   | 2-M-J-93-PL       |
| Steven Dyer              | Classic              | M-J  | 102.2    | 105        | 85   | 95   | 105   | 70    | 80    | 82.5  | 80      | 185       | 110  | 110  | 130   | 315      | 190.103   | 1-M-J-105-PL      |
| Ethan Foote              | Classic              | M-J  | 126.4    | 120+       | 100  |      |       | 100   |       |       | 100     | 200       | 240  | 270  | 300   | 500      | 284.300   | 1-M-J-120+-PL     |
| Kasey Joe-McIndoe        | Classic              | M-SJ | 74       | 74         | 100  | 130  | 145   | 60    | 75    | 85    | 75      | 220       | 150  | 185  | 200   | 420      | 302.106   | 1-M-SJ-74-PL      |
| Stuart Wilton            | Classic              | M-SJ | 90.9     | 93         | 140  | 150  | 150   | 70    | 80    | 90    | 90      | 240       | 160  | 180  | 190   | 430      | 273.136   | 1-M-SJ-93-PL      |
| Tui Wilton               | Classic              | M-SJ | 96.7     | 105        | 100  | 120  |       | 70    | 80    | 92.5  | 92.5    | 212.5     | 160  | 180  | 202.5 | 392.5    | 242.251   | 1-M-SJ-105-PL     |
| Bench Press Results Name | Classic Raw Equipped | Div  | Bwt (kg) | WtCls (kg) | SQ-1 | SQ-2 | SQ-3  | BP-1  | BP-2  | BP-3  | Best BP | Sub Total | DL-1 | DL-2 | DL-3  | Best BP  | Wilks Pts | PI-Div- WtCls-Evt |
| Andrew Curry             | Classic              | M-M2 | 98.5     | 105        |      |      |       | 100   | 110   | 130   | 110     |           |      |      |       | 110      | 67.353    | 1-M-M2-105-BP     |
| Dimi Hanara              | Classic              | M-M1 | 117.8    | 120        |      |      |       | 170   | 185   | 195   | 185     |           |      |      |       | 185      | 106.837   | 1-M-M1-120-BP     |
| Costa Alexopolous        | Classic              | M-O  | 133.8    | 120+       |      |      |       | 160   | 167.5 | 167.5 | 160     |           |      |      |       | 160      | 90.048    | 1-M-O-120+-BP     |
| Scott Moore              | Classic              | M-J  | 69       | 74         |      |      |       | 100   | 115   | 115   | 100     |           |      |      |       | 100      | 75.780    | 1-M-J-74-BP       |
| Nathan Hope              | Classic              | M-J  | 92.3     | 93         |      |      |       | 140   | 155   | 170   | 155     |           |      |      |       | 155      | 97.728    | 1-M-J-93-BP       |

Code 2-M-O-83-PL: 2nd-Male-Open-83kg-Powerlifting

| Referees               | Best Lifter Male      | Best Lifter Female     | Best Junior         | Best Master I       | Best Master II        | Code     |
|------------------------|-----------------------|------------------------|---------------------|---------------------|-----------------------|----------|
| Phil Townley           |                       | Tania Rivers 248.279   |                     |                     |                       | Equipped |
| Nick Toulis            | Jared Beckett 349.743 |                        |                     |                     |                       | Raw      |
| Robert Quigley-McBride | Clive Madge 371.297   | Angelica Prisk 140.364 | Nick Bakker 342.526 | Mike Draper 376.309 | William Quinn 320.330 | Classic  |