



CENTRAL DISTRICTS CHAMPIONSHIP 2014



Morning 3 Lift Session

Name	Team	Div	Bwt (kg)	Wt Cls	SQ1	SQ2	SQ3	Best SQ	BP1	BP2	BP3	Best BP	Sub Total	DL1	DL2	DL3	Best DL	PL Total	Wilks Pts	PI-Div- WtCls-Evt
Jared Tahana	HWB	M-SJE	69.15	74	115	130	140	140	85	95	97.5	97.5	237.5	150	162.5	170	170	407.5	308.274	1-M-SJE-74-PL
Ian Prisk	WLG	M-M2E	80.4	83	150	165	180	180	95	100	105	105	285	170	190	200	200	485	330.091	1-M-M2E-83-PL
Nicholas Fyfe	WLG	M-OE	72.55	74	115	127.5	137.5	127.5	70	80	90	90	217.5	150	165	175	175	392.5	286.368	1-M-OE-74-PL
Celia McMillan	NSN	F-OE	53.95	57	127.5	137.5	145	145	87.5	95	100	100	245	132.5	142.5	152.5	152.5	397.5	481.571	1-F-OE-57-PL
Aimee Hayes	NSN	F-OE	64.8	72	132.5	135	145	145	67.5	72.5	72.5	72.5	217.5	132.5	140	150	140	357.5	375.911	1-F-OE-72-PL
Ruth Donaldson	NSN	F-OE	145.3	84+	220	237.5		237.5	110	120	127.5	120	357.5	145	160	172.5	160	517.5	399.872	1-F-OE-84+-PL
Kane Walters-Rangitahi	WLG	M-O	72.05	74	150	160	165	160	100	110	112.5	110	270	200	215	230	230	500	366.650	1-M-O-74-PL
Jamie Fraser	MTN	M-O	69.5	74	110	130	140	130	90	95	97.5	97.5	227.5	170	185	195	195	422.5	318.354	2-M-O-74-PL
Tama Tipene	PLM	M-O	70.1	74	60	90	95	95	105	110	110	105	200	155	160	165	165	365	273.239	3-M-O-74-PL
Richard Watson	HWB	M-O	82.58	83	220	230	245	230	130	145	145	130	360	260	275	275	275	635	425.132	1-M-O-83-PL
Simon Crossan	WLG	M-O	78.65	83	140	147.5	150	147.5	100	107.5	110	110	257.5	190	200	205	205	462.5	319.217	2-M-O-83-PL
Harsh Yadav	KPT	M-J	59.2	66	90	100	115	115	65	75	80	80	195	130	150	165	165	360	310.860	1-M-J-66-PL
Jeremy Fraser	PLM	M-J	72.5	74	135	145	150	150	90	97.5	100	97.5	247.5	170	185	192.5	185	432.5	315.725	1-M-J-74-PL
Brett Gibbs	WLG	M-J	82.6	83	260	272.5	280	272.5	165	175	180	180	452.5	270	290	300	300	752.5	503.723	1-M-J-83-PL
Joshua Tukua	WLG	M-J	81.7	83	205	215	220	215	145	145	145	0	0	250	270	272.5	272.5	0	0.000	
Paule Poulin	WLG	F-M	65.3	72	92.5	95	100	100	52.5	55	55	55	155	122.5	127.5	130	130	285	297.968	1-F-M-72-PL
Lisa Ju	HWB	F-M	88.4	84+	120	122.5	122.5	122.5	60	62.5	65	65	187.5	130	132.5	135	135	322.5	280.801	1-F-M-84+-PL
Alison Fitzmaurice	KPT	F-M	123.25	84+	80	95	105	105	60	67.5	70	67.5	172.5	120	132.5	137.5	137.5	310	246.729	2-F-M-84+-PL
Rosalie Watson	WLG	F-O	63.8	72	100	105	112.5	105	70	75	80	80	185	125	132.5	140	132.5	317.5	337.756	1-F-O-72-PL
Lea Attenborough	WLG	F-O	63.6	72	95	100	102.5	102.5	55	57.5	60	57.5	160	117.5	122.5	125	122.5	282.5	301.230	2-F-O-72-PL
Verena Tilson-Scoble	WLG	F-O	71.2	72	80	85	90	90	50	55	55	50	140	105	110	115	110	250	245.850	3-F-O-72-PL
Tasha Williams	WLG	F-O	76.2	84	135	147.5	157.5	157.5	92.5	92.5	92.5	92.5	250	175	190		190	440	414.216	1-F-O-84-PL
Jess Hanara	HWB	F-O	79.5	84	110	115	120	120	70	75	77.5	75	195	135	137.5	140	140	335	307.597	2-F-O-84-PL
Chloe Boyd	HWB	F-O	80.15	84	100	115	120	120	55	55	55	55	175	130	140	150	150	325	297.082	3-F-O-84-PL
Tania Rivers	WLG	F-O	81	84	90	100	110	110	65	70	70	65	175	125	135	145	135	310	281.728	4-F-O-84-PL
Alice Mackenzie	HWB	F-O	79.2	84	100	110	115	110	55	57.5	62.5	57.5	167.5	125	130	135	135	302.5	278.360	5-F-O-84-PL
Nadia Smith	NSN	F-O	79.8	84	85	95	95	95	45	50	55	50	145	115	125	135	135	280	256.564	6-F-O-84-PL
Ana De Joux	CPA	F-O	100.6	84+	155	170	175	170	57.5	65	70	65	235	145	165	172.5	172.5	407.5	338.673	1-F-O-84+-PL
Jasmine Knowles	PLM	F-J	53.55	57	70	80	87.5	87.5	40	45	50	50	137.5	97.5	107.5	112.5	112.5	250	304.625	1-F-J-57-PL

Code 1-M-O-74-PL: 1st-Male-Open-74kg-Powerlifting\

Referees	Best Lifter Male	Best Lifter Female	Best Junior Male	Best Junior Female	Best Masters Male	Best Master Female	Best Lifter Male EQU	Best Lifter Female EQU
Warren Trent	Jonathan Parsons 464.320	Tasha Williams 414.216	Brett Gibbs 503.723	Jasmine Knowles 304.625	Clive Madge 392.967	Paule Poulin 297.968	Jared Beckett 414.819	Celia McMillan 481.571
Phil Townley	Hayden Pritchard 454.823	Rosalie Watson 337.756	Ethan Foote 399.384		Graeme Boyce 333.288	Lisa Ju 280.801	Ian Prisk 330.091	Ruth Donaldson 399.872
Nick Toulis	Kieran Prisk 414.312	Jess Hanara 307.597	Hamish Tahana 393.235		Tiare Akavi 323.929	Alison Fitzmaurice 246.749	Trevor Walker 322.050	Aimee Hayes 375.911
María Brightwater-Wharf								

Records: CDPA Raw Records are the same as the National Records

Geoff Holmes M2 120+, Deadlift 220kgs: Clive Madge M1 105, Squat 235kgs, Bench 150.55kgs: Graeme Boyce M2 105, Bench 1150kgs, Deadlift 240kgs: Ian Prisk M2 83, Bench 105kgs, Deadlift 200kgs: Sam Matthews Jnr 93, Squat 215kgs, Bench 142.5kgs, Total 600kgs: Hamish Tahana Jnr 93, Deadlift 262.55kgs: Brett Gibbs J 83, Squat 272.55kgs, Bench 180kgs, Deadlift 300kgs, Total 752.5kgs: Hayden Pritchard Open 93, Squat 270.5kgs, Deadlift 290kgs, Total 713kgs: Sam Lyons-White J 105, Bench 140kgs: Leighton Best Open 93, Bench 200kgs: Jonathan Parsons 120kg Jnr, Squat 300kgs, Bench 180.5kgs, (Open Deadlift 319.5), Total 800kgs: Ruth Donaldson 84+, Squat 237.5kgs, Bench 120kgs, Deadlift 160kgs Total 517.5kgs: Tasha Williams Open 84, Bench 92.5kgs: Celia McMillan Open 57, Squat 145kgs, Bench 100kgs, Deadlift 152.5kgs, Total 397.55kgs:

Unofficial Records. NZPF Clive Madge M1 Squat 235kgs: Brett Gibbs: World, NZPF, Squat 272.5kgs Deadlift 300kgs Total 752.5kgs: Jonathan Parsons NZPF Jnr 120, Squat 300kgs Bench 180.5kgs Deadlift 319.5kgs Total 800kgs, (NZPF Open Men 120 Deadlift 319.5kgs): NZPF Celia McMillan Open 57, Squat 145kgs, Bench 100kgs, Deadlift 152.5kgs, Total 307.5kgs: NZPF Ruth Donaldson Open 84+ Squat 237.5kgs: