

NATIONAL POWERLIFTING CHAMPIONSHIP 2013

Saturday 3rd Morning 3 Lift Session Divisional

Lifter Name	Team	Div	Bwt	WtCl	SQ1	SQ2	SQ3	Best SQ	BP1	BP2	BP3	Best BP	Sub Total	DL1	DL2	DL3	Best DL	Total	Wilks	Placing
Bruce Park	OAWLA	M-M4	65.3	66	127.5	135	142.5	142.5	82.5	85	90	90	232.5	167.5	177.5	182.5	183	415	328.763	1-M-M4-66-PL
Glen Ronald Wright	APA	M-M2	68.4	74	152.5	157.5	160	160	92.5	95	97.5	0	0	170	172.5	175	0	0	0.000	
Pere Rodgers	CDPA	M-M1	65.6	66	140	150	160	150	150	155	160	155	305	150	165	175	165	470	370.877	1-M-M1-66-PL
John Strachan	APA	M-O	73.6	74	232.5	245	250	250	160	160	167.5	167.5	417.5	235	245	255	255	672.5	485.612	1-M-O-74-PL
Nicholas Fyfe	CDPA	M-O	73.4	74	100	110	125	125	80	87.5	95	95	220	140	155	165	165	385	278.548	2-M-O-74-PL
William Sperling	APA	M-J	63.5	66	180	190	200	190	120	125	130	130	320	180	190	195	195	515	417.717	1-M-J-66-PL
Kane McKenzie	NPA	M-J	63.5	66	135	145	150	150	90	95	100	95	245	185	195	200	195	440	356.884	2-M-J-66-PL
Josh Cooke	NPA	M-J	62.7	66	100	115	120	120	75	80	82.5	75	195	110	120	130	130	325	266.500	3-M-J-66-PL
Andrew Thomas	CPA	M-J	72.4	74	230	230	230	230	170	180	187.5	187.5	417.5	240	245	250.5	245	662.5	484.089	1-M-J-74-PL
Harry De Lacey	APA	M-J	72.3	74	180	190	200	200	105	113		112.5	312.5	210	222.5	222.5	223	535	391.353	2-M-J-74-PL
Scott Moore	CDPA	M-J	72.2	74	100	125	140	140	100	115	122.5	122.5	262.5	120	140	160	160	422.5	309.355	3-M-J-74-PL
Kasey Joe McIndoe	CDPA	M-SJ	72.5	74	135	145	155	155	77.5	85	90	85	240	185	200	205	205	445	324.850	1-M-SJ-74-PL
Trish Muldrock	NPA	F-M2	46.5	47	95	95	97.5	97.5	67.5	72.5	72.5	67.5	165	110	117.5	123	123	288	390.326	1-F-M2-47-PL
Maria Brightwater-wharf	CDPA	F-M2	62.4	63	140	150	155	140	80	85	85	80	220	140	155	162.5	163	382.5	413.788	1-F-M2-63-PL
Serena Perry	WBOP	F-M1	71.2	72	130	137.5	145	145	90	95	97.5	95	240	132.5	145	155	145	385	378.609	1-F-M1-72-PL
Suzy Maddox	APA	F-M1	82.5	84	135	145	155	155	87.5	92.5	97.5	97.5	252.5	135	147.5	155	155	407.5	366.750	1-F-M1-84-PL
Celia McMillan	CDPA	F-O	51.2	52	115	123	127.5	127.5	80	87.5	93	93	220.5	122.5	132.5	140.5	133	353	445.345	1-F-O-52-PL
Waimaria Haywood	WBOP	F-O	51.3	52	100	100	105	105	60	65	67.5	65	170	100	110	110	100	270	340.119	2-F-O-52-PL
Suzee Premji	APA	F-O	52	52	70	80	87.5	80	40	45	50	45	125	100	110	115	115	240	299.184	3-F-O-52-PL
Aimee Hayes	CDPA	F-O	62.3	63	132.5	140	140	140	65	65	65	65	205	127.5	135	135	135	340	368.254	1-F-O-63-PL
Verena Tilson-Scoble	CDPA	F-O	71.9	72	95	100	100	100	50	55	57.5	57.5	157.5	102.5	105	110	110	267.5	261.321	1-F-O-72-PL
Jasmine Waiari	WBOP	F-O	83.5	84	132.5	140	147.5	140	90	95	100	95	235	137.5	150	160	150	385	344.344	1-F-O-84-PL
Ruth Donaldson	CDPA	F-O	129.2	84+	170	190	200	200	100	115	125	115	315	160	180	187.5	188	502.5	396.573	1-F-O-84+PL
Katrina Barrett	NPA	F-O	118	84+	120	125	130	125	67.5	72.5	75	72.5	197.5	130	137.5	142.5	143	340	272.714	2-F-O-84+PL
Ana de Joux	CPA	F-O	98.6	84+	107.5	118	130	130	47.5	50	57.5	50	180	137.5	147.5	157.5	158	337.5	282.184	3-F-O-84+PL

Code 1-M-O-74-PL: 1st-Male-Open-74kg-Powerlifting

Referees	Technical Controller	Jury	Best Lifter Male	Best Master Female MI	Best Junior	Best Master Male MI	Best Master Male MIII
Craig Eborn National	Stan Hallmond	Steve Lousich	Brent McCormack 505.701	Serena Perry 378.609	Andrew Thomas 484.089	Reuben Simanu. 499.135	Tony McKenna 351.435
Clive Madge Cat II Head		Graeme Fong	Best Lifter Female	Best Master Female MII	Best Sub Junior	Best Master Male MII	Best Master Male MIV
Paul Sellars National		June Johnson	Celia McMillan 416.548	Maria Brightwater-wharf 413.788	Joel Hintz 342.374	Steve Barnes 449.442	Bruce Park 328.763

National Records

Bruce Park, M3 93, Squat 142.5kgs, Bench 90kgs, Total 415kgs: Perry Rodgers MI 66, Bench 140kgs: John Strachan Open 74: Bench 167.5kgs, Deadlift 255kgs, Total 672.5kgs:
Andrew Thomas Jnr 74, Bench 187.5kgs (Open Bench Record) Total 662.5kgs: Kasey Joe McIndoe Sub Jnr 74, Deadlift 205kgs: Trish Muldrock MII 47, Squat 97.5kgs, Bench 67.5kgs, Deadlift 123kgs Total 288kgs: Celia McMillan Open 52, Bench 93kgs, Maria Brightwater-Wharf M2 63, Squat 140kgs, Bench 80kgs, Deadlift 162.5kgs, Total 382.5kgs

NATIONAL POWERLIFTING CHAMPIONSHIP 2013

Sat Morning 3 Lift Session All Open

Lifter Name	Team	Div	Bwt	Wt	SQ1	SQ2	SQ3	Best SQ	BP1	BP2	BP3	Best BP	Sub Total	DL1	DL2	DL3	Best DL	Total	Wilks	Placing
William Sperling	APA	MO	63.5	66	180	190	200	190	120	125	130	130	320	180	190	195	195	515	417.717	1-M-O-66-PL
Pere Rodgers	CDPA	MO	65.6	66	140	150	160	150	150	155	160	155	305	150	165	175	165	470	370.877	2-M-O-66-PL
Kane McKenzie	NPA	MO	63.5	66	135	145	150	150	90	95	100	95	245	185	195	200	195	440	356.884	3-M-O-66-PL
Bruce Park	OAWLA	MO	65.3	66	127.5	135	142.5	142.5	82.5	85	90	90	232.5	167.5	177.5	182.5	182.5	415	328.763	4-M-O-66-PL
Josh Cooke	NPA	MO	62.7	66	100	115	120	120	75	80	82.5	75	195	110	120	130	130	325	266.500	5-M-O-66-PL
John Strachan	APA	MO	73.6	74	232.5	245	250	250	160	160	167.5	167.5	417.5	235	245	255	255	672.5	485.612	1-M-O-74-PL
Andrew Thomas	CPA	MO	72.4	74	230	230	230	230	170	180	187.5	187.5	417.5	240	245	250.5	245	662.5	484.089	2-M-O-74-PL
Harry De Lacey	APA	MO	72.3	74	180	190	200	200	105	112.5		112.5	312.5	210	222.5	222.5	223	535	391.353	3-M-O-74-PL
Kasey Joe McIndoe	CDPA	MO	72.5	74	135	145	155	155	77.5	85	90	85	240	185	200	205	205	445	324.850	4-M-O-74-PL
Scott Moore	CDPA	MO	72.2	74	100	125	140	140	100	115	122.5	122.5	262.5	120	140	160	160	422.5	309.355	5-M-O-74-PL
Nicholas Fyfe	CDPA	MO	73.4	74	100	110	125	125	80	87.5	95	95	220	140	155	165	165	385	278.548	6-M-O-74-PL
Glen Ronald Wright	APA	MO	68.4	74	152.5	158	160	160	92.5	95	97.5	0	0	170	172.5	175	0	0	0.000	
Trish Muldrock	NPA	FO	46.5	47	95	95	97.5	97.5	67.5	72.5	72.5	67.5	165	110	117.5	123	123	288	390.326	1-F-O-47-PL
Celia McMillan	CDPA	FO	51.2	52	115	122.5	127.5	127.5	80	87.5	93	93	220.5	122.5	132.5	140.5	133	353	445.345	1-F-O-52-PL
Waimaria Haywood	WBOP	FO	51.3	52	100	100	105	105	60	65	67.5	65	170	100	110	110	100	270	340.119	2-F-O-52-PL
Suzee Premji	APA	FO	52	52	70	80	88	80	40	45	50	45	125	100	110	115	115	240	299.184	3-F-O-52-PL
Maria Brightwater-wharf	CDPA	FO	62.4	63	140	150	155	140	80	85	85	80	220	140	155	162.5	163	382.5	413.788	1-F-O-63-PL
Aimee Hayes	CDPA	FO	62.3	63	132.5	140	140	140	65	65	65	65	205	127.5	135	135	135	340	368.254	2-F-O-63-PL
Serena Perry	WBOP	FO	71.2	72	130	137.5	145	145	90	95	97.5	95	240	132.5	145	155	145	385	378.609	1-F-O-72-PL
Verena Tilson-Scoble	CDPA	FO	71.9	72	95	100	100	100	50	55	57.5	57.5	157.5	102.5	105	110	110	267.5	261.321	2-F-O-72-PL
Suzu Maddox	APA	FO	82.5	84	135	145	155	155	87.5	92.5	97.5	97.5	252.5	135	147.5	155	155	407.5	366.750	1-F-O-84-PL
Jasmine Waiari	WBOP	FO	83.5	84	132.5	140	147.5	140	90	95	100	95	235	137.5	150	160	150	385	344.344	2-F-O-84-PL
Ruth Donaldson	CDPA	FO	129.2	84+	170	190	200	200	100	115	125	115	315	160	180	187.5	188	502.5	396.573	1-F-O-84+PL
Katrina Barrett	NPA	FO	118	84+	120	125	130	125	67.5	72.5	75	72.5	197.5	130	137.5	142.5	143	340	272.714	2-F-O-84+PL
Ana de Joux	CPA	FO	98.6	84+	107.5	118	130	130	47.5	50	57.5	50	180	137.5	147.5	157.5	158	337.5	282.184	3-F-O-84+PL

Code 1-M-O-74-PL: 1st-Male-Open-74kg-Powerlifting

Referees	Technical Controller	Jury	Best Lifter Male	Best Master Female MI	Best Junior	Best Master Male MI	Best Master Male MIII
Craig Eborn National	Stan Hallmond	Steve Lousich	Brent McCormack 505.701	Serena Perry 378.609	Andrew Thomas 484.089	Reuben Simanu. 499.135	Tony McKenna 351.435
Clive Madge Cat II Head		Graeme Fong	Best Lifter Female	Best Master Female MII	Best Sub Junior	Best Master Male MII	Best Master Male MIV
Paul Sellars National		June Johnson	Celia McMillan 416.548	Maria Brightwater-wharf 413.788	Joel Hintz 342.374	Steve Barnes 449.442	Bruce Park 328.763

NATIONAL POWERLIFTING CHAMPIONSHIP 2013

Saturday 3rd Afternoon 3 Lift Session Divisional

Lifters Name	Team	Div	Bwt	WtCls	SQ-1	SQ-2	SQ-3	Best SQ	BP1	BP2	BP3	Best BP	Sub Total	DL1	DL2	D-3	Best DL	Total	Wilks	PI-Div- WtCls-Evt
Clarry Parsons	APA	M-M4	81.6	83	160	170	180	170	80	85	90	90	260	150	165	172.5	165	425	286.620	1-M-M4-83-PL
Felix Esterbauer	WBOP	M-M4	92.5	93	130	145	145	130	95	100	102.5	100	230	180	205	210	210	440	277.112	1-M-M4-93-PL
Tony McKenna	WBOP	M-M3	82.6	83	180	180	195	180	120	135	140	135	315	180	205	210	210	525	351.435	1-M-M3-83-PL
Bryan Barrett	NPA	M-M3	88.9	93	165	175	182.5	182.5	110	115	117.5	115	297.5	200	210	220	220	517.5	332.442	1-M-M3-93-PL
Steve Barnes	CPA	M-M2	78.9	83	220	230	240	240	160	165	172.5	165	405	230	247.5	255	247.5	652.5	449.442	1-M-M2-83-PL
Jamie Kett	WBOP	M-M2	82.1	83	200	210	210	200	150	160	160	150	350	205	215	235	215	565	379.623	2-M-M2-83-PL
Ian Prisk	CDPA	M-M2	81.73	83	165	180	190	190	95	102.5	107.5	102.5	292.5	180	195	207.5	207.5	500	336.850	3-M-M2-83-PL
Peter Hunt	WBOP	M-M2	92.4	93	252.5	261		261	152.5	157.5	162.5	162.5	423.5	255	255	263	255	678.5	427.523	1-M-M2-93-PL
Stephen King	APA	M-M2	84.2	93	222.5	242.5	262.5	262.5	110	115	120	120	382.5	200	220	227.5	227.5	610	403.759	2-M-M2-93-PL
Julian Perry	WBOP	M-M1	92.2	93	215	232.5	242.5	242.5	120	125	130	125	367.5	220	240	245	245	612.5	386.365	1-M-M1-93-PL
Matt Gardyne	OAWLA	M-O	81.8	83	240	250	265	250	157.5	157.5	180	180	430	220	235	245	245	675	454.545	1-M-O-83-PL
Brent McCormack	OAWLA	M-O	93	93	300	320	330	330	210	220	227.5	220	550	255	255	272.5	255	805	505.701	1-M-O-93-PL
Andrew Burge	APA	M-O	92.8	93	280	292.5	300	300	160	165	170	160	460	270	285	285	270	730	459.024	2-M-O-93-PL
Sam Coleman	CPA	M-O	91.2	93	210	230	237.5	237.5	175	190	190	190	427.5	260	270	277.5	277.5	705	447.111	3-M-O-93-PL
Jared Beckett	CDPA	M-O	91.2	93	220	240	252.5	252.5	165	165	175	165	417.5	220	235	242.5	242.5	660	418.572	4-M-O-93-PL
Andrew de Vine	OAWLA	M-O	86.9	93	210	220	230	230	150	155	155	155	385	200	215	237.5	237.5	622.5	404.812	5-M-O-93-PL
Leighton Best	CPA	M-O	91.6	93	100	180		100	235	235	235	0	0	180			0	0	0.000	
Luke Thomas	CPA	M-J	81.2	83	202.5	202.5	210	210	90	90	90	90	300	185	202.5	207.5	202.5	502.5	339.891	1-M-J-83-PL
Sarkes Warda	CDPA	M-J	76.6	83	170	170	170	0	115	120	120	115	0	185	195	205	195	0	0.000	
Sam Matthews	CDPA	M-J	90.6	93	262.5	272.5	285	272.5	153	153	156.5	156.5	429	220	232.5	240	240	669	425.685	1-M-J-93-PL
Hamish Tahana	CDPA	M-J	86.6	93	200	220	230	230	125	135	140	135	365	235	255	260	260	625	407.187	2-M-J-93-PL

Code 1-M-O-83-PL: 1st-Male-Open-83kg-Powerlifting

Referees	Technical Controller	Jury	Best Lifter Male	Best Master Female MI	Best Junior	Best Master Male MI	Best Master Male MIII
Craig Eborn National	Paul Sellars	Clive Madge	Brent McCormack 505.701	Serena Perry 378.609	Andrew Thomas 484.089	Reuben Simanu. 499.135	Tony McKenna 351.435
Nick Toulis/ Steve L Cat I		Graeme Fong	Best Lifter Female	Best Master Female MII	Best Sub Junior	Best Master Male MII	Best Master Male MIV
Stan Hallmond Cat II		June Johnson	Celia McMillan 416.548	Maria Brightwater-wharf 413.788	Joel Hintz 342.374	Steve Barnes 449.442	Bruce Park 328.763

National Records

Clary Parsons, M4 83, **Squat 170kgs**: Tony McKenna M3 83, **Bench 135kgs, Total 525kgs**: Bryan Barrett M3 93, Deadlift **Deadlift 220kgs Total 662.5kgs**: Steve Barnes M2 83, **Deadlift 247.5kgs, Total 652.5kgs**: Peter Hunt M2 93, **Squat 261kgs**: Stephen King M2 93, **Squat 262.5kgs**: Brent McCormack Open 93, **Squat 330kgs, Total 805kgs**: Sam Matthews Jnr 93, **Bench 153kgs**:

NATIONAL POWERLIFTING CHAMPIONSHIP 2013

Sat Afternoon 3 Lift Session Open

Lifters Name	Team	Div	Bwt	WtCl	SQ1	SQ2	SQ3	Best SQ	BP1	BP2	BP3	Best BP	Sub Total	DL1	DL2	DL3	Best DL	Total	Wilks	PI-Div-WtCls-Evt
Matt Gardyne	OAWLA	M-O	81.8	83	240	250	-265	250	157.5	157.5	180	180	430	220	235	245	245	675	454.545	1-M-O-83-PL
Steve Barnes	CPA	M-O	78.9	83	220	230	240	240	160	165	172.5	165	405	230	247.5	255	247.5	652.5	449.442	2-M-O-83-PL
Jamie Kett	WBOP	M-O	82.1	83	200	210	210	200	150	160	160	150	350	205	215	235	215	565	379.623	3-M-O-83-PL
Tony McKenna	WBOP	M-O	82.6	83	180	180	195	180	120	135	140	135	315	180	205	210	210	525	351.435	4-M-O-83-PL
Luke Thomas	CPA	M-O	81.2	83	202.5	202.5	210	210	90	90	90	90	300	185	202.5	207.5	202.5	502.5	339.891	5-M-O-83-PL
Ian Prisk	CDPA	M-O	81.73	83	165	180	190	190	95	102.5	107.5	102.5	292.5	180	195	207.5	207.5	500	336.850	6-M-O-83-PL
Clarry Parsons	APA	M-O	81.6	83	160	170	180	170	80	85	90	90	260	150	165	172.5	165	425	286.620	7-M-O-83-PL
Sarkes Warda	CDPA	M-O	76.6	83	170	170	170	0	115	120	120	115	0	185	195	205	195	0	0.000	
Brent McCormack	OAWLA	M-O	93	93	300	320	330	330	210	220	227.5	220	550	255	255	272.5	255	805	505.701	1-M-O-93-PL
Andrew Burge	APA	M-O	92.8	93	280	292.5	300	300	160	165	170	160	460	270	285	285	270	730	459.024	2-M-O-93-PL
Sam Coleman	CPA	M-O	91.2	93	210	230	237.5	237.5	175	190	190	190	427.5	260	270	277.5	277.5	705	447.111	3-M-O-93-PL
Peter Hunt	WBOP	M-O	92.4	93	252.5	261		261	152.5	157.5	162.5	162.5	423.5	255	255	263	255	678.5	427.523	4-M-O-93-PL
Sam Matthews	CDPA	M-O	90.6	93	262.5	272.5	285	272.5	153	153	156.5	156.5	429	220	232.5	240	240	669	425.685	5-M-O-93-PL
Jared Beckett	CDPA	M-O	91.2	93	220	240	252.5	252.5	165	165	175	165	417.5	220	235	242.5	242.5	660	418.572	6-M-O-93-PL
Hamish Tahana	CDPA	M-O	86.6	93	200	220	230	230	125	135	140	135	365	235	255	260	260	625	407.187	7-M-O-93-PL
Andrew de Vine	OAWLA	M-O	86.9	93	210	220	230	230	150	155	155	155	385	200	215	237.5	237.5	622.5	404.812	8-M-O-93-PL
Julian Perry	WBOP	M-O	92.2	93	215	232.5	242.5	242.5	120	125	130	125	367.5	220	240	245	245	612.5	386.365	9-M-O-93-PL
Stephen King	CPA	M-O	84.2	93	222.5	242.5	262.5	262.5	110	115	120	120	382.5	200	220	227.5	227.5	610	403.759	10-M-O-93-PL
Bryan Barrett	NPA	M-O	88.9	93	165	175	182.5	182.5	110	115	117.5	115	297.5	200	210	220	220	517.5	332.442	11-M-O-93-PL
Felix Esterbauer	WBOP	M-O	92.5	93	130	145	145	130	95	100	102.5	100	230	180	205	210	210	440	277.112	12-M-O-93-PL
Leighton Best	CPA	M-O	91.6	93	100	180		100	235	235	235	0	0	180			0	0	0.000	

Code 1-M-O-83-PL: 1st-Male-Open-83kg-Powerlifting

Referees	Technical Controller	Jury	Best Lifter Male	Best Master Female MI	Best Junior	Best Master Male MI	Best Master Male MIII
Craig Eborn National	Paul Sellars	Clive Madge	Brent McCormack 505.701	Serena Perry 378.609	Andrew Thomas 484.089	Reuben Simanu. 499.135	Tony McKenna 351.435
Nick Toulis/ Steve L Cat I		Graeme Fong	Best Lifter Female	Best Master Female MII	Best Sub Junior	Best Master Male MII	Best Master Male MIV
Stan Hallmond Cat II		June Johnson	Celia McMillan 416.548	Maria Brightwater-wharf 413.788	Joel Hintz 342.374	Steve Barnes 449.442	Bruce Park 328.763

NATIONAL POWERLIFTING CHAMPIONSHIP 2013

Sunday 4th 3 Lift Session Divisional

Lifters Name	Team	Div	Bwt	WtCl	SQ1	SQ2	SQ3	Best SQ	BP1	BP2	BP3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	Wilks	Placing
Wille Tau	APA	M-M3	136.7	120+	220	240	250	240	160	170	475	170	410	150	170	190	190	600	336.540	1-M-M3-120+-PL
Ted Anderson	WBOP	M-M2	105	105	245	265	278	278	150	171	177.5	177.5	455	210	230	235	235	690	412.413	1-M-M2-105-PL
Mark Haywood	WBOP	M-M2	101.5	105	205	210	220	210	145	153	160	152.5	363	220	230	245	245	607.5	367.538	2-M-M2-105-PL
Lance Anthony Stewart	APA	M-M2	127.7	120+	260	285		285	100	120		120	405	200	225		225	630	357.525	1-M-M2-120+-PL
Geoffrey Holmes	CDPA	M-M2	122.1	120+	190	200	240	200	100	115	422.5	115	315	190	210	220	220	535	306.395	2-M-M2-120+-PL
Colin Wright	CPA	M-M1	104.6	105	270	270	285	270	130	165	175	175	445	220	240	255	240	685	409.904	1-M-M1-105-PL
Goodenough Metuanooraroa	NPA	M-M1	94.6	105	200	210	220	220	155	160	165	0	0	190	200	220	200	0	0.000	
Dave Dunford	WBOP	M-M1	102.9	105	290	305	305	0				0	0				0	0	0.000	
Steve Lousich	CPA	M-M1	120	120	265	275	285	285	230	243	243	230	515	220	240	252.5	253	767.5	441.236	1-M-M1-120-PL
Phil Middleton	APA	M-M1	112.1	120	250	265	288	288	180	188	192.5	192.5	480	250	275	287.5	275	755	441.826	2-M-M1-120-PL
Dimi Hanara	CDPA	M-M1	118	120	230	250	270	250	200	220	220	0	0	200	220	250	220	0	0.000	
Reuben Simanu	WBOP	M-M1	159.5	120+	335	355	375	355	260	270	277.5	270	625	260	285	300	285	910	499.135	1-M-M1-120+-PL
Keith Old	CPA	M-M1	136.8	120+	300	315	315	300	250	250	250	250	550	260	290	290	260	810	454.248	2-M-M1-120+-PL
Kieran Prisk	CDPA	M-O	101.8	105	340	355	355	355	165	165	175	175	530	260	280	300	280	810	489.564	1-M-O-105-PL
Zane Waapu Wairama	CDPA	M-O	101.7	105	280	280	300	280	195	205	215	205	485	260	280	300	280	765	462.596	2-M-O-105-PL
Darren Neves	APA	M-O	103	105	250	270	292.5	292.5	180	190	200	190	483	230	250	262.5	263	745	448.267	3-M-O-105-PL
Dale Wood	WBOP	M-O	98	105	252.5	265	280	280	165	-175	175	165	445	240	255	265	265	710	435.656	4-M-O-105-PL
Jono Radich	APA	M-O	117.4	120	315	330	345	345	210	217.5	217.5	217.5	563	295	310	310	310	872.5	504.305	1-M-O-120-PL
Steven Varga	OAWLA	M-O	112.3	120	330	355	370	355	220	235	235	0	0	290	290	292.5	0	0	0.000	
Constantinos Alexopoulos	CDPA	M-O	135.4	120+	290	305	317.5	317.5	215	225	227.5	225	543	280	295	305	295	837.5	470.424	1-M-O-120+-PL
Nicholas Hansen	CDPA	M-O	123.5	120+	220	240	250	240	160	170	175	170	410	300	330	345	330	740	422.762	2-M-O-120+-PL
Jing Seth	APA	M-J	100.2	105	250	260	270	270	150	160	160	150	420	250	265	265	265	685	416.548	1-M-J-105-PL
Sam Lyons-White	CDPA	M-J	101.1	105	230	245	255	255	150	160	165	160	415	225	247.5	260	248	662.5	401.475	2-M-J-105-PL
Robert Quigley McBride	CDPA	M-J	105.3	120	230	240	250	240	180	185	185	180	420	200	220	227.5	228	647.5	386.558	1-M-J-120-PL
Joel Hintz	CDPA	M-SJ	108.9	120	200	220	240	240	130	140	140	140	380	200	220	235	200	580	342.374	1-M-SJ-120-PL

Code 1-M-O-105-PL: 1st-Male-Open-105kg-Powerlifting

Referees	Technical Controller	Jury	Best Lifter Male	Best Master Female Mi	Best Junior	Best Master Male MI	Best Master Male MIII
June Johnson CatII	Craig Ebborn	Stan Hallmond	Brent McCormack 505.701	Serena Perry 378.609	Andrew Thomas 484.089	Reuben Simanu. 499.135	Tony McKenna 351.435
Marie Soffe/ Serena Perry Cat II		Clive Madge	Best Lifter Female	Best Master Female MII	Best Sub Junior	Best Master Male MII	Best Master Male MIV
Nick Toulis National		Julian Perry	Celia McMillan 416.548	Maria Brightwater-wharf 413.788	Joel Hintz 342.374	Steve Barnes 449.442	Bruce Park 328.763

National Records

Willie Tau, M3 120+, Squat 240kgs, Bench 170kgs, Total 600kgs: Ted Anderson M2 105, Bench 177.5kgs: Kieran Prisk Open 105, Squat 355kgs: Jono Raddich Open 120, Squat 345kgs: Robert Quigley McBride Jnr 120, Bench 180kgs:

NATIONAL POWERLIFTING CHAMPIONSHIP 2013

Sunday 3 Lift Session Open

Lifters Name	Team	Div	Bwt	WtCl	SQ1	SQ2	SQ3	Best SQ	BP1	BP2	BP3	Best BP	Sub Total	DL1	DL2	DL3	Best DL	Total	Wilks	Placing
Kieran Prisk	CDPA	M-O	101.8	105	340	355	355	355	165	165	175	175	530	260	280	300	280	810	489.564	1-M-O-105-PL
Zane Waapu Wairama	CDPA	M-O	101.7	105	280	280	300	280	195	205	215	205	485	260	280	300	280	765	462.596	2-M-O-105-PL
Darren Neves	APA	M-O	103	105	250	270	292.5	292.5	180	190	200	190	482.5	230	250	262.5	262.5	745	448.267	3-M-O-105-PL
Dale Wood	WBOP	M-O	98	105	252.5	265	280	280	165	175	175	165	445	240	255	265	265	710	435.656	4-M-O-105-PL
Ted Anderson	WBOP	M-O	105	105	245	265	277.5	277.5	150	171	177.5	177.5	455	210	230	235	235	690	412.413	5-M-O-105-PL
Jing Seth	APA	M-O	100.2	105	250	260	270	270	150	160	160	150	420	250	265	265	265	685	416.548	6-M-O-105-PL
Colin Wright	CPA	M-O	104.6	105	270	270	285	270	130	165	175	175	445	220	240	255	240	685	409.904	7-M-O-105-PL
Sam Lyons-White	CDPA	M-O	101.1	105	230	245	255	255	150	160	165	160	415	225	247.5	260	247.5	662.5	401.475	8-M-O-105-PL
Mark Haywood	WBOP	M-O	101.5	105	205	210	220	210	145	152.5	160	152.5	362.5	220	230	245	245	607.5	367.538	9-M-O-105-PL
Goodenough Metuanooraroa	NPA	M-O	94.6	105	200	210	220	220	155	160	165	0	0	190	200	220	200	0	0.000	
Dave Dunford	WBOP	M-O	102.9	105	290	305	305	0				0	0				0	0	0.000	
Jono Radich	APA	M-O	117.4	120	315	330	345	345	210	217.5	217.5	217.5	562.5	295	310	310	310	872.5	504.305	1-M-O-120-PL
Steve Lousich	CPA	M-O	120	120	265	275	285	285	230	243	243	230	515	220	240	252.5	252.5	767.5	441.236	2-M-O-120-PL
Phil Middleton	APA	M-O	112.1	120	250	265	287.5	287.5	180	188	192.5	192.5	480	250	275	287.5	275	755	441.826	3-M-O-120-PL
Robert Quigley McBride	CDPA	M-O	105.3	120	230	240	250	240	180	185	185	180	420	200	220	227.5	227.5	647.5	386.558	4-M-O-120-PL
Joel Hintz	CDPA	M-O	108.9	120	200	220	240	240	130	140	140	140	380	200	220	235	200	580	342.374	5-M-O-120-PL
Dimi Hanara	CDPA	M-O	118	120	230	250	270	250	200	220	220	0	0	200	220	250	220	0	0.000	
Steven Varga	OAWLA	M-O	112.3	120	330	355	370	355	220	235	235	0	0	290	290	292.5	0	0	0.000	
Reuben Simanu	WBOP	M-O	159.5	120+	335	355	375	355	260	270	277.5	270	625	260	285	300	285	910	499.135	1-M-O-120+-PL
Constantinos Alexopoulos	CDPA	M-O	135.4	120+	290	305	317.5	317.5	215	225	227.5	225	542.5	280	295	305	295	837.5	470.424	2-M-O-120+-PL
Keith Old	CPA	M-O	136.8	120+	300	315	315	300	250	250	250	250	550	260	290	290	260	810	454.248	3-M-O-120+-PL
Nicholas Hansen	CDPA	M-O	123.5	120+	220	240	250	240	160	170	175	170	410	300	330	345	330	740	422.762	4-M-O-120+-PL
Lance Anthony Stewart	APA	M-O	127.7	120+	260	285		285	100	120		120	405	200	225		225	630	357.525	5-M-O-120+-PL
Wille Tau	APA	M-O	136.7	120+	220	240	250	240	160	170	175	170	410	150	170	190	190	600	336.540	6-M-O-120+-PL
Geoffrey Holmes	CDPA	M-O	122.1	120+	190	200	210	200	100	115	122.5	115	315	190	210	220	220	535	306.395	7-M-O-120+-PL

Code 1-M-O-105-PL: 1st-Male-Open-105kg-Powerlifting

Referees	Technical Controller	Jury	Best Lifter Male	Best Master Female MI	Best Junior	Best Master Male MI	Best Master Male MIII
June Johnson Cat II	Craig Ebborn	Stan Hallmond	Brent McCormack 505.701	Serena Perry 378.609	Andrew Thomas 484.089	Reuben Simanu. 499.135	Tony McKenna 351.435
Marie Soffe/ Serena Perry Cat II		Clive Madge	Best Lifter Female	Best Master Female MII	Best Sub Junior	Best Master Male MII	Best Master Male MIV
Nick Toulis National		Julian Perry	Celia McMillan 416.548	Maria Brightwater-wharf 413.788	Joel Hintz 342.374	Steve Barnes 449.442	Bruce Park 328.763